



# SMALL GROUP LEADER GUIDE

ALL ACCESS | WEEK 2

## BOTTOM LINE

WHEN YOUR WILLPOWER RUNS OUT, YOU HAVE ACCESS TO HIS.

### SCRIPTURE

*For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need (Hebrews 4:15-16 NIV).*

*The Spirit of God, who raised Jesus from the dead, lives in you (Romans 8:11 NLT).*

### GOAL OF SMALL GROUP

To help students understand that Jesus understands their temptations and can help them in times of need.

### THINK ABOUT THIS

Leaders — here's the truth for students. Resisting temptation is an investment in their future, but it doesn't offer the same immediate gratification as giving in. They may not immediately feel the benefit, but over time, their future is brighter when they consistently resist temptation.

### SAY THIS

### DISCUSSION QUESTIONS

1. Define temptation. What are some examples of things that could tempt someone?
2. What are some of the worst parts of giving in to temptation?
3. Why do we sometimes give in to temptation even though...  
...we know we shouldn't?  
...we know we'll feel guilty afterwards?
4. What are some excuses people make when they give in to temptation?
5. What are some benefits you experience when you resist temptation?  
*(Leaders, the benefits of resisting temptation are often not instant. Help your students think long-term about how resisting temptation now will help them later.)*
6. What does it look like to take your temptation to Jesus?
7. How can you enlist the help of other people when you feel tempted?

### TRY THIS

Leaders, it's natural to feel like God is mad at us when we give in to temptation. Brainstorm with your students some ways you can remind yourselves how God feels about you, even when you mess up.